

Diploma In Health Care Skills

| Paper | Name of Paper | Subject Type | Total Marks | Min Marks |
|-------|----------------------|--------------|-------------|-----------|
| I | Communication Skills | Theory | 100 | 40 |
| II | Nursing Skills | Theory | 100 | 40 |
| III | First Aid Skills | Theory | 100 | 40 |
| IV | Health & Hygiene | Theory | 100 | 40 |
| V | Food Science | Theory | 100 | 40 |
| VI | Project & Internship | Practical | 200 | 100 |



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SECTION – A

COMMUNICATION SKILLS

1. How can you improve your communication skills?
2. What are the 7 C's of communication?
3. What are the most important communication skills?
4. Describe about the principles of communication skills?

NURSING SKILLS

1. What are the 6 C's in nursing skills?
2. What are nursing skills?
3. What are the management tricks that can be followed in nursing?
4. How communication can improve your skills?

SECTION – B

PATIENT CARE SKILLS

1. What are patient care skills?
2. What are the important things in patient care?
3. Why are skills important in health care?
4. What is the relationship between a nurse & a patient?

FIRST AID SKILLS

1. Define CPR?
2. Give first about first aid certification?
3. What are the basic skills you need for first aid?
4. What are the main things you have in first aid box?

SECTION – C

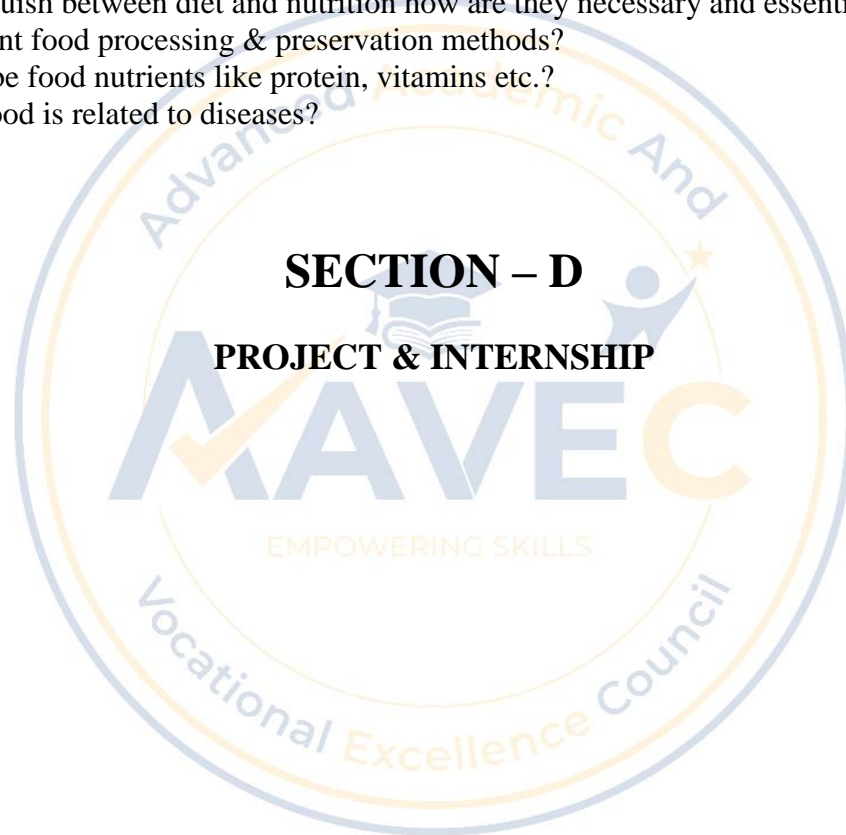
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HEALTH & HYGIENE

1. List causes for heart diseases?
2. How will you take care of your body parts?
3. Which type of food we eat?
4. Explain balanced diet?

FOOD SCIENCE

1. Distinguish between diet and nutrition how are they necessary and essential?
2. Different food processing & preservation methods?
3. Describe food nutrients like protein, vitamins etc.?
4. How food is related to diseases?



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ASSIGNMENTS

(FOR ANNUAL – 2020)

(M.M – 20)

Q.1 MCQ's

1. In which year National Health Policy was implemented
 - a) 2001
 - b) 2002
 - c) 2007
 - d) 2013
2. NRHM seeks to strengthen
 - a) Private health care system
 - b) Public & private health care system
 - c) Public health care system
 - d) None of these
3. Reproductive & child health was launched in which year
 - a) 1992–93
 - b) 1997–98
 - c) 2005–06
 - d) 2012–13
4. Externality refers to
 - a) Third party effect
 - b) Includes growth
 - c) Social exclusion
 - d) None of these
5. The number of deaths per one thousand people per year means
 - a) Birth rate
 - b) Death rate

Q.2 FILL IN THE BLANKS

(M.M.-20)

1. ICD stands for _____
2. NNI stands for _____
3. Millennium development goals target of MMR in India is _____
4. Blindness during disease or disability refers to population _____
5. SBR stands for _____
6. Example of life style disease _____
7. Example of communicable disease _____
8. Example of tertiary health care _____
9. NNH stands for _____
10. Health is a _____ subject.

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Q3 SHORT ANSWER TYPE QUESTIONS (M.M.-20)

1. How can communication be developed?
 2. What are strong communication skills?
 3. What are the types of communication skills?
 4. What are the barriers of communication?
 5. What medical emergency care used by a nurse?
 6. What is the most important thing in patient care?
 7. What kind of one does the elderly person need?
 8. What are the steps taken while giving first aid?
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Q.4 LONG ANSWER TYPE QUESTIONS

(M.M.-20)

1. Describe the principles of communication skills.
 2. How do you explain medications, treatments or healthcare situations without using a lot of medical or healthcare jargon?
 3. Explain about CPR?
 4. Define the terms:
 - Disease
 - Health defined by WHO
 - Vaccines
 - Parasite
 - Microorganisms
 - Balanced diet
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